



## We love *fresh food and flowers!*

There's nothing like a basket of just harvested produce and a fresh-picked bouquet of flowers to brighten your day.

Stop by our farm stand to say hi and pick up some of our garden fresh food and flowers!



### FRESH TODAY | *produce*

Available spring 2021 at the Farm Stand  
On Neptune St from 11-6 daily

- Assorted jams, jellies, and preserves.
- Veggie Seedling plants & Strawberries \$3/each
- Tomato plants slicing, and Cherry
- 1 gallon asst. perennial- \$7 for 1 gal.
- Assorted Dahlia's - \$8-\$12 for 1 gal.
- Mixed Greens \$5 /bag
- Butter Lettuce red and green \$4 /head
- Spinach \$5 /bag
- Radish -french breakfast/easter egg \$3/ bunch
- Chives/Sage/Bay/Cilantro/ Lovage herbs \$3/ bag
- Mesclan Greens - \$5/ bag
- Rhubarb \$5/bunch
- German Butter Potatoes \$6 /(2 lb)- coming soon
- Kale / Swiss Chard \$4/bunch
- Turnips - \$5 /bunch
- Beets \$4.50/ bunch
- Broccoli and cauliflower - by the lb.
- Arugula and Sprouts \$4/ bag

### { COMING SOON }

- |                             |                 |
|-----------------------------|-----------------|
| Leaf Lettuce                | Kohl Rabi       |
| Collard greens              | Garlic          |
| Bulb Fennel                 | Swiss Chard     |
| Walla Onions                | Leeks           |
| Cilantro, Dill, Parsley     | Strawberries    |
| Lovage                      | Raspberries     |
| Bay                         | Figs            |
| Scallions (green onions)    | Gogi Berries    |
| Peas                        | Zucchini        |
| Cucumbers                   | Beans           |
| Tri-color bush bean         | Tomato Cherry   |
| Shallots                    | Squash/Pumpkin  |
| Broad Beans                 | Black and red   |
| Broccoli                    | currants        |
| Cabbage                     | Sweet Peppers   |
| Cauliflower                 | Hot Peppers     |
| Baby carrots                | Brussel Sprouts |
| Tomato slicing              | Turnips         |
| Basil -genovese/thai/purple | Potatoes        |



Our unique specialty cut flowers are *harvested and available* to you within 24 hours!

We are proud to grow the largest selection of seasonal aromatic blooms on the Coast that are unsprayed and grown with love.



## FRESH TODAY | *flowers*

- Luscious long stemmed Specialty tulips - over 30 scented varieties!
- Italian anemone, Ranunculi, scented lilac, delphinium, peony
- Elegant Oriental and Icelandic Poppy
- \$15 - \$20 Gorgeous Mixed Bouquets (wrapped and ready to go!)
- \$22 - Adorable posy vase arrangements
- \$5 - \$15 - Assorted vase arrangements
- \$5 - \$7 Mini bouquets (we call them flower hugs!)

Straight bunches and buckets of flowers can be ordered or added to your weekly flower share and harvest box. Please contact us through email or 604-938-2494 to order.

For special bouquet orders we request 24 hours notice and a minimum investment of \$25

*All prices include %5 GST*

### { COMING SOON }

Sweet Peas  
Larkspur  
Nigella  
Dahlia - over 50 varieties  
Lisianthus  
Zinnia  
Peony  
Snapdragons  
Scented Stocks  
Delphinium  
and more!

Specials Occasion Bouquets -  
Custom Orders Available

*Thank you for supporting our urban farm endeavors!*